

FRIENDSHIP FORCE OF UTAH

www.thefriendshipforce.org

www.friendshipforceofutah.org

March –April 2016

*You can't stay in
your corner of the Forest
waiting for others to come
to you. You have to go to
them sometimes."*

A.A. Milne, Winnie-the-Pooh

*Come to our March 15th 6:30
social to greet old friends &
make new friends.*

**Members, please bring finger food that we
can enjoy during the social from 6:30 —
7 :00 PM. Cuban bean soup provided.**

What's In-side

**2— About our club; Calendar of Event,
Kimball Art Center Photography Exhibit**

**3—President's Message, Board Meetings,
NC Inbound Exchange, Need your ideas;
Save the dates**

**4—Mariia's Greetings from Ukraine, officer
& committee reports**

5—Silent Auction—Regional Conference

6—What I have Learned by Andy Rooney

March 15th Meeting

Adventures in Morocco

Susan Hilton

Where: City-County Government South Bldg.

2001 South State Street, SLC

Time: **Social** **6:30 PM**

Business Meeting **7:00**

Program **7:20**

Susan Hilton will share some of the adventures she experienced in Morocco. In October, 2013, she traveled to this region with the New Hampshire Seacoast Friendship Force Club. As you may know, Friendship Force International is having their conference in Morocco in the fall of 2016. Several of our members are planning to attend.

Like many of us, Susan is addicted to traveling. She has belonged to Friendship Force since 1993. She has traveled with the Friendship Force to Cypress, New Zealand, Australia, Peru, Romania, Germany, and many more places.

Susan has held many positions in Friendship Force of Utah, and been on the board many years. She currently plans the Alternate Month Events.



About Our Club

Club meetings are held the third Tuesday of January, March, May, July, September and November at 2001 South State Street, SLC. Use the East Entrance at the north end of South Building where free parking is available. If the door is locked, go to the North building, sign in and get directions to the Atrium.

2016 Officers & Board Members

President — Judy Cohen

UtahFriendshipForce@gmail.com

judycohen@xmission.com

Vice-Pres Programs — Kathleen Mason

kcmason1@msn.com

Secretary — Nona Bressler

don_nona@comcast.net

Treasurer — Doug Ingraham

ingrahamboes@gmail.com

Social Chair — Betsy Heath

elizabethsaltlak@aol.com

Membership Chair —Jennifer Allred

Milemarker118@yahoo.com

Historian — Lotti Wann

lottiw@gmail.com

Alternate Social Events — Susan Hilton

susanehilton@gmail.com

Past President — Margret Boes-Ingraham

ingrahamboes@gmail.com

Newsletter Editor—Dana Hughes

dana92141@comcast.net

Calendar of Events

Conferences

May 13—15:

Rocky Mountain Regional Conference,
Grand Junction, Colorado

September 15-19

FFI 2016 World Conference
Marrakesh, Morocco

Outgoing International Exchange

May 24—June 1: Canada, Hamilton/Burlington

March, 2017: Bordeaux, France

Incoming Exchanges

April 8—14:

Charlotte, North Carolina

September 24—29:

Peaks to Plains Global Exchange Extension

July, 2017: Brisbane, Australia

ILLUMINATIONS OF AFRICA'S WILDLIFE: ITS BEAUTY, ITS STRUGGLE TO SURVIVE

Photograph Exhibit—Beverly Joubert

**Kimball Art Center, Main Gallery,
Park City, UT**

January 21 - April 24, 2016

Beverly Joubert's work is a call to action. Big cats, rhinoceros, and elephants are in crisis, facing extinction after years of rampant poaching and habitat loss. Beverly and her husband, Dereck Joubert, have spent decades fighting for these beloved creatures. Through their internationally renowned wildlife films and other conservation efforts, the Jouberts celebrate the stunning beauty and power of these animals.

FF-Utah - President's Message



Dear Friends.,

I know that you will be as excited about this news as I. We have received our outgoing exchange assignment for 2017. It will be to Bordeaux, France in March 2017. I have been told that we can expect a firm date for the exchange by the end of this month of March.

In the meantime, keep in mind that we will be hosting incoming ambassadors from Charlotte, North Carolina and this time there will be several ambassadors from other clubs. They are very excited to visit Utah and in the words of the Charlotte ED, they "know that this will be a great exchange". So let's pull out all of the stops and give them a warm and fun western welcome. South Westerners can be just as charming and welcoming as South Easterners, can't we? And remember, they all speak English even if it is with a southern accent.

Judy Cohen

P.S. Expect a call for help in hosting our guests. All club members are invited to welcome party, Saturday, April 9th, 11:30 am and to dinner & play at Desert Star Playhouse, Monday, April 11th at 5:30 PM. Cost of dinner & play is \$39 per person. **Please let Judy know if you plan to attend the dinner & play: 801-582-2431 Or judycohen@xmission.com**

All members are welcome to attend the Board Meetings

See Club website for dates & location of Board Meetings

www.friendshipforceofutah.org OR contact Judy Cohen.

SAVE the DATES

Sept 24-25—Moab; Sept 26—28, SLC

SLC Peaks to Plains Global Exchange

We will show off Arches National Park in Moab & relive Olympic Memories in SLC.

Margret Ingraham-Boes, Exchange Director

Charlotte, North Carolina

Exchange Report April 8—14

Proposed Activities

Friday, April 8th - Hosts greet guests at airport.

Saturday, April 9th - 11:30 a.m. Welcome Party-Pot Luck, Salt Lake County Complex on 2100 South & State Street, South Building. Tour Tracy Aviary and Liberty Park. **All members welcome. Please bring a dish to share.**

Sunday, April 10th - 8:30 a.m. gather for the 9:30 "Music and the Spoken Word: performance of the Mormon Tabernacle Choir at Temple Square. Explore Temple Square and lunch on your own.

Afternoon - Visit Gilgal Gardens on 500 South, 700 East. 5:00:Vespers, Madeleine Choir School.

Monday, April 11th - 9:30 a.m. Ride Frontrunner to Ogden. Visit the historic Ogden RR Station & visit the Rail Road museum, antique car museum, Browning Firearms museum, and current fine art exhibition. Shop and lunch along Ogden's historic 25th Street. Return to Salt Lake.

5:30 - Dinner followed by the play, "Murder on the Frontrunner Express: A Clue-less Pyramid Scheme!" **All club members welcome. Cost for dinner & play is \$39 per person. Let Judy Cohen know if you plan to attend. 801-582-2431 OR judycohen@xmission.com.**

Tuesday, April 12th - Small groups choose an activity for the day.

Wednesday, April 13th - Carpool to Wendover. Visit the Tree Of Life and the Bonneville Salt Flats. After lunch, tour the WWII Air Force Base/Museum - home of the Enola Gay atomic bomber.

Need Your Program Ideas

Do you have program suggestions for our membership meetings? Would you like to make a presentation for a meeting or are you familiar with someone whom you think would do a presentation that would be of interest to our members?

If so, please contact our program chair, **Kathleen Mason,**



CARD
KAPTKA

Hello from Ukraine!

*Wish all Friendship
Force a bright
New Year 2016!
With love, Mariia*

From Mariia Domanska, member of group who participated in the Ukraine Exchange last December.

Officer/Committee Reports

Treasurer—Doug Ingraham
Club Balance: \$3,44 2.31

Program VP—Kathleen Mason: Would like members to suggest ideas for future programs.

Social Chair—Betsy Heath: Summer Picnic, July 19th, 3—10 PM, will be held in the Washington Park Lower Pavilion.

Alternate Social Events—Susan Hilton: No plans for April.

Hi Friends!

I am the new Membership chairman and I am looking forward to bringing in new people to grow our club. I hope that each of you will be prepared to give a pitch for the wonderful organization in which we all participate.

I plan to give each of you a few business cards with my contact information and a short blurb about our organization on the back. It will have room for your name and I am hoping that whenever you get asked about Friendship Force, or when it comes up in conversation, that you will whip out a card and leave it with that friend or stranger who finds it interesting. Of course the second step is to invite friends and interested parties to our presentations.

We have had a few inquiries, one from Cedar City, and one of our guests at the Christmas party. Let's make sure to write down the names of those who show interest and then invite them to join us, and even send them a copy of our newsletter.

We now have over sixty members and I hope to grow the group by more people who are willing to participate in hosting people who are your friends! We have several opportunities to meet people coming up in incoming exchanges. Apparently the people from North Carolina are even coming for a second time! And Brisbane, Australia will provide us with English-speaking foreign friends. And that is not even mentioning the travel opportunities we have in front of us like Niagara, Canada, Morocco, and Bordeaux, France!

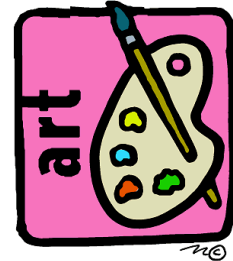
Now that's OPPORTUNITY!

Jennifer Allred, Membership Chair

ROCKY MOUNTAIN REGIONAL CONFERENCE

~~SILENT AUCTION~~

SATURDAY, MAY 14, 2016



We are asking all clubs to participate in a Silent Auction by bringing an art piece, decorative item, i.e. quilt, needlework, item from a trip or framed photograph. Proceeds raised will be donated to FF of Atlanta for the new website and back-end data management system.

Only **one or two items** are requested from each Club. The Art pieces will be displayed in the same room the Conference is being held; and everyone can bid on the items during breaks and lunch.

I know there are many FF members in each club who are wonderful photographers and artists who would be willing to donate towards this Silent Auction.

Any questions, please don't hesitate to call

Sue Moyer – 970-242-5999 or Sue Palmer – 970-260-4653.



What I have Learned by Andy Rooney

*A man who had the gift of saying
so much with so few words*

I've learned

That the best classroom in the world is at the feet of an elderly person.

That when you're in love, it shows.

That just one person saying to me, 'You've made my day!' makes my day.

That having a child fall asleep in your arms is one of the most peaceful feelings in the world.

That being kind is more important than being right.

That you should never say no to a gift from a child.

I've learned

That I can always pray for someone when I don't have the strength to help him in any other way.

That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.

That sometimes all a person needs is a hand to hold and a heart to understand.

That life is like a roll of toilet paper. The closer it gets to the end, the faster it goes.

That we should be glad God doesn't give us everything we ask for.

That money doesn't buy class.

I've learned

That it's those small daily happenings that make life so spectacular.

That under everyone's hard shell is someone who wants to be appreciated and loved.

That to ignore the facts does not change the facts.

(What I've Learned continued)

I've learned

That when you plan to get even with someone, you are only letting that person continue to hurt you.

That love, not time, heals all wounds.

That the easiest way for me to grow as a person is to surround myself with people smarter than I am.

That everyone you meet deserves to be greeted with a smile.

That life is tough, but I'm tougher.

That opportunities are never lost; someone will take the ones you miss.

I've learned

That when you harbor bitterness, happiness will dock elsewhere.

That I wish I could have told my Mom that I love her one more time before she passed away.

That one should keep his words both soft and tender, because tomorrow he may have to eat them.

That a smile is an inexpensive way to improve your looks.

That everyone wants to live on top of the mountain, but all the happiness and growth occurs while you're climbing it.

That when your newly born grandchild holds your little finger in his little fist, you're hooked for life.

That the less time I have to work with, the more things I get done.