



friendship force
UTAH



November, December 2015

www.thefriendshipforce.org www.friendshipforceofutah.org/

Club meetings are held the third Tuesday of January, March, May, July, September, and November at the Salt Lake County Government Center at 2001 South State Street, SLC. Use the East Entrance at the north end of South Building where free parking is available. If the door is locked, go the North building, sign in and get directions to the Atrium.

Social 6:30-7:00 p.m.

Program 7:00-7:45 p.m.

Clean up 8:50-9:00 p.m.

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President – Margret Boes-Ingraham

UtahFriendshipForce@gmail.com

Secretary – Dana Hughes –

Dana92141@comcast.net

Treasurer – George Herrmann

marlin@xmission.com

First VP Membership –Kris Hill

kristinhill@sisna.com

Second VP Socials – Shirley Scholz

scholz1@hotmail.com

Historian – Kathy Wilde

Kathywilde1@gmail.com

Newsletter – Lee Flynn

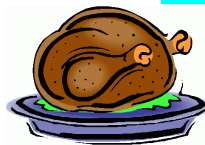
lbflynn@comcast.net

Next Utah Friendship Force Meeting is November 17th

Potluck Thanksgiving style dinner, the club will provide the turkey, dressing, rolls and butter.

Program: A short update of the International Conference. Keith and Kris Hill will share photos and highlights of their post conference eco-tour of Whidbey Island.

**Message from Shirley Scholz: Please include
two dates on your calendar.**



The first is **NOVEMBER 17TH**. The Friendship Force, (Lee) is cooking turkey for you on this date. Rolls and butter will be provided as well as dressing. *We are asking that each FF member bring his favorite side dish: whether it be salad, vegetables or dessert.*

On this day please consider placing your order for our Christmas Party at Archibald's Restaurant on **DECEMBER 3rd**. Archibald's is in Gardner Village.

The menu choices this year are Chicken Florentine, Baron of Beef, or Vegetarian Pasta. *Payment per person is \$22 which includes gratuity as well as taxes.*

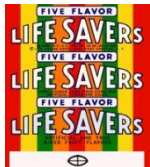


Please make payment to Friendship Force of Utah. Absolute best time for payment will be November 17th during the Thanksgiving November meeting. Payment is also accepted through the mail. But beware, payment deadline is November 27th and time is short between Nov. 17th and the 27th and the mail is often tardy. So, get your checks in as soon as possible. Send the checks to: **Shirley Scholz, 3947 S. Nora Circle, Holladay, Utah, 84124.**

FROM THE PRESIDENT'S DESK: Margret Boes-Ingraham

Hello Friends,

First, thank you all for your support and participation this past year with Friendship Force. During the conference in Vancouver I met many people who had stayed with our members and it was really good to re-connect with them! Many of these friends shared what a good time they had with our club and it was also fun connecting with friends we had visited in their country to share with them and learn about their culture.



I want to take this time to also thank the board members who have served with me these past two years. Kris Hill, George Hermann, Lee Flynn, Susan Hilton, Dana Hughes, Shirley Scholz, Nona Bressler and Kathy Wilde. You have all been life savers!

Kris has managed the membership duties exceptionally, especially the membership renewals and was always a wonderful proof reader and sounding board. George was quick to reimburse expenses and keep us posted on the finances. Lee has done such an outstanding job on our newsletter we have received many compliments on it from our members as well as other people.

Susan suggested off-month socials (which she coordinates) and they have been well attended, fun, and have kept us all connected. Dana has kept informative and accurate minutes for us as a very new member and participated in many other ways. Shirley has been terrific in planning the parties in a very timely manner and coordinating her wonderful helpers to provide wonderful treats for the meetings and potlucks. Nona has been extremely supportive and a wonderful resource for our board and has developed a great slate of candidates for the coming year. Kathy has been our loyal historian for many years documenting our visitors and visits in scrapbooks and always providing good suggestions and ideas.

Our next general meeting* will be Tuesday, November 17th. In this season of gratitude and thanks we will focus on thanking you, our members. I believe each of us have many wonderful Friendship Force memories we are thankful for, as well as anticipated adventures on future exchanges. We will have a potluck Thanksgiving style dinner, with the club providing the turkey. We will include a very short update of the International conference, Keith and Kris Hill will also very briefly share a few photos and highlights of their post conference eco-tour of Whidbey Island and we will elect the new incoming board.

Please check elsewhere in this newsletter for more information regarding the November program, the Christmas party, the Canadian Exchange (trip) outgoing and the Global Exchange incoming. I look forward to seeing you all. Thanks again to all of you for a wonderful two years as your president.

Cheers!
Margret

** Remember we always meet in the Odd numbered months on the 3rd Tuesday. So, please put these dates in your calendar and plan to attend.*

Membership Report

Kris Hill, VP Membership

Can't believe that it was two years ago that I became Membership VP. I have learned so much and have so many people to thank. First of all, I appreciate the members of our dynamic club.

At the world conference in August in Vancouver, B.C. I met people from all over the world. And I came away feeling very satisfied with our Utah club. FF delegates from much larger areas than ours were very impressed with the number of members we have. One club president (from Long Island, NY) even wrote down some of our activities as ideas to take home with her. So great work and thank you everyone for your support.



I would also like to specifically thank (again!) **Margret** for her unfailing enthusiasm and support for membership development. Any guest or new member who walked through the door were greeted with her warm, welcoming, and most importantly, genuine hospitality. That woman can work a room!

And also special thanks to **Edie Mitko, Betsy Heath, and Susan Hilton** for meeting with me early on to brainstorm ideas and set membership goals for our club. They were all tremendously helpful. Edie helped me distribute the membership directory and provided some community contact ideas. Susan reached out to the community to help us forge a good relationship with KUED Channel 7, organizing a group for the telethon and appearing on an interview program herself. Definitely above and beyond! And Betsy, with her unfailingly professional advice and her excellent drafting and revamping of key membership documents, taught me the meaning of strategy and targeting. She is a force!

Thanks again for this great learning opportunity. It is a pleasure to be a member of FF of Utah.

New member welcome:

Liam Gallop, Salt Lake City. Liam is a retired teacher. He loves travel, history, music, opera and dance. He has walked the Camino de Santiago and is a member of several book clubs. Liam was recently introduced to FF by Kathleen Mason. Please welcome him when you see him at an upcoming activity. gallopbill@gmail.com

And the winner is ...

Don't forget to renew your membership before **December 3rd** (holiday party) to be eligible for the drawing for a **\$30 gift card**. We will select the winning name at the holiday party. You can bring your renewals to Kris Hill at the November 17th meeting or use the stamped, addressed envelope we provided. Just send it in before December 3rd. Questions? Call Kris at 801-272-3486.

A QUICK THOUGHT FROM THE WORLD CONFERENCE GLOBAL AND THEMED EXCHANGES

The interest in learning about other cultures is a strong motivation for joining FFI. And for many of us, exchanges are a great way to do this. At the recent conference in Vancouver, there was an interesting fact presented. The types of exchanges that are currently the most popular and also the ones that are the most financially profitable for the organization are themed and global ones.

Keith and I went on a global exchange to Whidbey Island following the conference. Unlike traveling with your local club, the visiting ambassadors were composed of people from throughout the world. And, it was also an eco-tour where the focus was on the natural order and beauty of the island. I really enjoyed this approach. I found it both educational and diverse.

Be assured that FFI certainly will continue to promote our traditional club to club exchanges which we have all loved. But they also challenged us to return home and to think about, promote and sponsor a special kind of exchange as well. Kris Hill, Membership VP

Please remember to wear your name tag to the November General Membership Meeting. All members wearing the name-tags and all guests that evening will eligible for the drawing.

Utah Friendship Force 2016 Exchange Schedule

Outgoing 2016 Visits:

May 13 to 15, 2016: Rocky Mountain Regional Conference, Grand Junction, Colorado

May 24 to June 1, 2016 : Canada, Hamilton Burlington (Near Niagara Falls)
Exchange Director: Denice Wheeler

Incoming 2016 Visitors:

Peaks to Plains Global Exchange - Sept 9 to 21, 2016

With Extension to:

Grand Junction, Colorado - September 21 to 23

Moab, Utah - September 24 to 25

Salt Lake City, Utah - September 26 to 29

**Outgoing 2016 Exchange to
Greater Hamilton and Burlington, Ontario, Canada . May 24th to June 1st
by Denice Wheeler, Exchange Director 307-679-1364 dwheeler@allwest.net**

The Hamilton/Burlington, Canada exchange is coming along beautifully with 25 people potentially signed up. A letter has been sent to them for final applications and information.

For those of you who did not get information on the exchange, it is May 24th to June 1st with a possible extension. (I am still working on that).

Each person will arrange their own transportation with recommendations from me. We must arrive at approximately the same time on May 24th in order to be picked up.

The fees are \$165.00 to FFI, \$50 to Utah FF and \$150 to Canada Club for our tours, parties, transportation and special events. That is a total of \$365 which is nominal for exchanges. They may suggest extra tours but we can decide if we want to pay for them.

We will also decide, as a group, where we want extensions. I am still getting suggestions from their club and IFF. Their club is small with 51 members but, they said they could possibly accommodate up to 25. Usually have 20.



They live in Hamilton or Burlington west of Lake Ontario. Toronto is under an hour east. They are across from Niagara Falls and Buffalo. Sometimes they have a two night "cottage outing" for their guests.

I have been in this area several times and it is incredible. Usually not all who express interest are able to go so I will still be taking names who are interested. Please let me know right away. Looking forward to fabulous exchange and hope you can join us.

Peaks to Plains Global Exchange with an extension to Utah

We were delighted when we were invited to be part of a global exchange (as an extension) called Peaks to Plains. You can read more about it below in the advertisement. Please put the dates on your calendar.

The Utah segment is being organized by Margret Boes-Ingraham, Rose Novak, and Jennifer Allred and will include Moab and Salt Lake City. They asked for a theme for each part, so we have selected *Olympic Memories*. It will be a fun opportunity for us, since it is open to people from all over the world.

And from a hosting perspective, it will be easier as it is fewer days. We are very excited about it.

We have had 10 applications already with request for more applications forms. We will be contacting you soon with participation information. Please put these dates in your calendar. You may contact one of us for more information.

Peaks to Plains Global Exchange

September 9 to 21, 2016 (to September 29 with extension.)

Wyoming, Colorado, and Utah, USA



Enjoy 13 days on the Eastern side of the majestic Rocky Mountains and the US Continental Divide. You will experience 4 mini-exchanges with 4 different FF clubs, covering 150 diverse miles of High Desert. It will be autumn and golden hints of aspen await your arrival in the Rockies.

You also have the opportunity to add the Western side of the Continental Divide with an 8-day extension, which includes 2 more club stays in Grand Junction and Utah.

Extend Your Journey

The extension option September 21 to 29, 2016 includes a home stay in Grand Junction Colorado, 2 nights at Pack Creek Ranch in Moab, Utah and a home stay in Salt Lake City, Utah.

****Ambassadors MUST enroll in the basic Peaks To Plains exchange to be considered for the Extension to Grand Junction, Arches National Park, and Salt Lake City.****

Highlights of your week on the west side of the Rockies:

Grand Junction is the hub of Colorado's Western Slope and home to many wineries and agricultural endeavors supported by irrigation from the Colorado River.

You will learn about these operations, taste local wine, take a raft trip on the Colorado River, and explore the spires and canyons of Colorado National Monument.

You will be camera happy as you journey through Colorado River Canyons to Moab, Utah for a 2-night stay at Pack Creek Ranch and tour the grand and unique Arches National Park.



Your Utah hosts will drive you on to Salt Lake City for your final home hosting and tours of the beautiful city of Salt Lake plus visit Park City, Utah, home of the 2002 Olympics' venue where you will share Olympic memories .

Socials – Susan Hilton:

On October 24th, 23 club members and their friends joined together for lunch at East/West Connection in Foothill Village.
Great food and great conversations. What could be better?



In February, we are planning a tour of symphony hall by the Symphony Guild president, our own Donna Smith. More details as it gets closer.

Dear Friendship Force Members,

As chair of the nominations committee I am very happy to announce this slate of new officers for the 2016-2017 year:

President	Judy Cohen
Vice President Programs	Kathleen Mason
Treasurer	Doug Ingraham
Secretary	Nona Bressler
Social Chair	Rose Novak
Membership Chair	Jennifer Allred
Newsletter Editor	Dana Hughes
Historian	Lotti Wann
Alternate Social Events	Susan Hilton
Past President	Margret Boes-Ingraham

Voting will take place at the November meeting and nominations will be open from the floor for any of the offices.

Hope to see all of you there - it will be an interesting program with information and thoughts regarding the International Conference in Vancouver.

My best wishes to each of you,
Nona Bressler



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