

FRIENDSHIP FORCE OF UTAH

www.friendshipforceof Utah.org

www.thefriendshipforce.org

January—February, 2016

About the Club

Club meetings are held the third Tuesday of January, March, May, July, September and November at 2001 South State Street, SLC. Use the East Entrance at the north end of South Building where free parking is available. If the door is locked, go to the North building, sign in and get directions to the Atrium.

Social 6:30-7:00 PM

Program 7:00-7:45 PM

Cleanup 8:50-9:00 PM

Upcoming Exchanges in 2016

May 13—15: Rocky Mountain Regional Conference, Grand Junction, Colorado

May 24—June 1: Canada, Hamilton/Burlington

September 26—29: Peaks to Plains Global Exchange Extension

April 8—14: Charlotte, North Carolina

See Page 3 —4 for details

Highlights

P2: President's message, Christmas Social

P3. 2016 Conferences & Exchanges

P4. NC Incoming Exchange, Thanks to 2015 Board & Committee Members, Committee Reports

P5. Becoming an Ambassador, FF UT Officers

January 19th Annual Membership Meeting

6:30 PM —Social; 7:00 PM Program

Come take a trip down U.S. Route 89. Sometimes referred to as the National Park Highway, U.S. 89 links 7 national parks across the Mountain West & also provides access routes leading to 14 other national parks.

Dr. Richard Criddle, photographer, & his wife JoAn Criddle are guest presenters. Richard was Professor of Biophysics and Biochemistry at the University of California Davis until his retirement. JoAn is author of 2 books about Cambodia & refugee issues that have been read by many high school and college students as well as others interested in the "Killing Fields" period and aftermath.

The Criddles have traveled extensively in many areas of the world with extended stays in the Persian Gulf where Richard was involved in filming documentaries, mapping the location of unique coral formations and helping make possible an evaluation of the gulf's marine conditions and life. For many years, the Criddles headed the Hope Alliance & the Lion Clubs' eyeglass clinics including clinics in Peru that some of our Friendship Force members participated in as an extension to an Outgoing Exchange in Terapoto, Peru. They are just returning from traveling in Ethiopia.

"A friend may be waiting behind a stranger's face."

Maya Angelou, *Letter to My Daughter*

Plan to come for the Social & meet and enjoy your friends and new friends.

Members, please bring finger food that we can enjoy during the social from 6:30 — 7 :00 PM.

President's Message—Friendship Force of Utah

2016, a new year and a new Friendship Force of Utah board filled with members you know well and some not so well. So, I would like to introduce myself to you and tell you a little about my family and me. My husband, Rick, and I are fairly new Friendship Force members and have a lot to learn from you.

I have been retired for ten years from the Guadalupe Schools where I was the director of the school's English as a Second Language program for immigrant and refugee adults. Soon after retirement I started volunteering at the Utah Museum of Natural History. It was there that I met Lotti Wann who later introduced us to Friendship Force.

I met my husband in 1978 when he was studying for his PhD. He is now a professor of engineering in the Materials Science Department. We have a daughter who lives in New York City and works for Jet Blue Airlines. We also have a black cat who rules the house.

Rick and I enjoy being part of Friendship Force and have hosted a young man from the Ukraine and more recently a couple from Canada. Hosting has been fun; it's been great to get to know people from abroad and to share our city and state with them.

This year with your help and the efforts of the board we will:

- * Continue to have great presentations thanks to Kathleen Mason
- * Enjoy bi-monthly socials thanks to Susan Hilton
- * Host ambassadors from abroad and other states
- * Travel to Burlington/Hamilton Canada with Denice Wheeler's leadership
- * Eat great food prepared by all of us

I look forward to getting to know everyone better than I do, and to working with the committed people who serve on our board.

Judy Cohen

Rose Novak resigns from Social Chair

Rose Novak resigned from the position of Social Chair because of a family illness. Her daughter is receiving treatment for cancer and Rose is staying in Virginia to be near her. If you wish to support Rose at this time, you can contact her at the following address. ruz@xmission.com.

Christmas Social

The Christmas Party was held December 3rd at Archibald's Restaurant in Gardner Village. More than 50 members enjoyed a delicious dinner and friendship with one another. Thanks to the social committee for planning this event.



Note from Out-going President

Nona & Friendship Force Friends,

Thanks so much for the Friendship Force vest! It is so perfect to wear and affords the opportunity to share about Friendship Force. I wore it today and enjoyed it very much. What a thoughtful gift and very meaningful. It being personalized with Utah on it too makes me very proud!

I have so enjoyed Friendship Force and look forward to now serving in more of a support capacity. I feel very proud of all of you and our club and feel certain we are in a good place and in a good position. It has taken us all to reach this level. I feel confident the best is yet to come! I am looking forward to traveling with you all and working on visits from visitors far and wide, as we make friends and make the world a little smaller and better understand each other.

Margret

2016 Friendship Force Conferences and Exchanges

Conferences

May 13—15 Rocky Mountain Regional Conference, Grand Junction, Colorado

Spring Hills Suites, Downtown Grand Junction

Meet and hear Jeremi Snook, new FFI President/CEO talk about his vision for FFI.

Call Sue Palmer, Conference Coordinator at (970)260-4653 or e-mail her at alfshouse12@hotmail.com for information about conference.

September 16-19

(registration on Sep 15)

FFI 2016 World Conference Marrakesh, Morocco



friendship force
INTERNATIONAL



See FF International web site
for details on conference

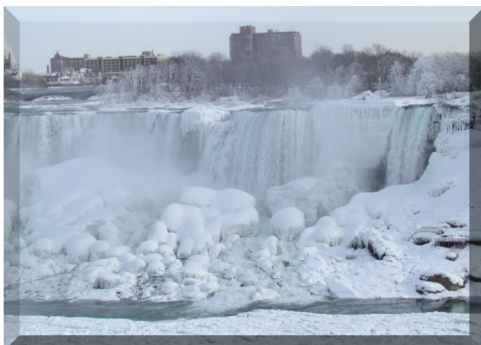
[www.friendshipforce.org/
index.php/site/conference_2015](http://www.friendshipforce.org/index.php/site/conference_2015)

Susan Hilton, a member of our cub, recently traveled in Morocco. She will be available to talk with you personally during the January 19th Social, starting at 6:30 PM. You will be able to ask her questions and discuss possible travel plans. Look for the "Morocco Table". She will also present a program on Morocco for the March 15th FF of Utah meeting.

Friendship Force of Utah Outgoing Exchange

May 24—June 1 Canada—Burlington/Hamilton (near Niagara Falls) with 1 week extension to New Haven Connecticut

Exchange Director — Denice Wheeler



*Photos of
Niagara Falls
by Gerri Palmer,
Canadian FF
ambassador to
SLC June, 2015*



Incoming Exchange to SLC

April 8 to April 14, 2016: Club from Charlotte, North Carolina

We expect 15 to 20 ambassadors. As usual, we will be asking our club members to serve as home hosts, day hosts, and dinner hosts. The ED for the Charlotte club said that their members are very excited about visiting Salt Lake and I know that we will give them a great time here in the West.

SLC Exchange Director: Judy Cohen
Planning Committee: To be determined

Thanks to the 2015 Board & Committee Members & Canadian Exchange Hosts

Board Members

President – Margret Boes-Ingraham

Past President—Nona Bressler

Secretary – Dana Hughes

Treasurer - George Herrmann

First VP Membership – Kris Hill

Second VP Socials – Shirley Scholz

Historian – Kathy Wilde

Newsletter – Lee Flynn

Cub Reporter – Betsy Heath

Membership Team - Betsy Heath,
Susan Hilton, Edie Mitko

Social Committee - Ron Toth, Tom Mitko

Exchange Directors - Canada - Margret Boes-Ingraham, Dasha Prokofyeva

Canada Exchange Hosts - Jennifer & Jim Allred, Margret Boes-Ingraham & Doug Ingraham, Stephanie, Don & Nona Bressler, Judy & Rick Cohen, Lee Flynn, Dana Hughes, Penny & Rod Johnson, JoAnn Orr, Shirley Scholz, Polly & Ron Toth, and Denice Wheeler

Canada Exchange Day Hosts — Christine Allred, JoDeane Cruz, Sharon Coons, Tom & Edie Mitko, Pamela Paine, Ron & Donna Smith, Kathleen Mason, and Eva Bates

Canada Exchange Dinner Hosts— Marv & Jeannie Goldstein, Betsy Heath, Donna Jacobs and Pamela Paine

February Social Outing

Tour of Symphony Hall including backstage is being planned for the latter part of February. Details will be presented at the January 19th meeting.

Susan Hilton, Alternate Social Events

& Donna Smith, Symphony Guild President

Treasurer Report—2016

Thanks to George Hermann for being the Treasurer for the past two years. Transfer of the bank account and financial records went very smoothly.

Our bank balance as of Jan. 2, 2016 is \$4226.05, with membership dues due to FFI Atlanta an estimated \$805. Therefore, our net cash balance is \$3421.05.

Doug Ingraham, Treasurer

2016 Membership Report

Annual Membership:

Individual: \$30 Family: \$50

Welcome to our newest member:

Pat Hopkins

Explore your world. Understand its people. Serve the cause of peace.

Become an Ambassador

Ten Reasons to Explore the World with the Friendship Force

(Taken from Friendship Force International Website)

1. Go where you've never been

Take a journey into the heart of a country and its people. Friendship Force International conducts over 300 programs every year, in 377 communities in 60 countries. Friendship Force hosts are eager to welcome you into their culture, sharing sights and experiences that are not available to tourists.

2. Get off the beaten track

There's no better way to see a new place than with a friend who knows its "best kept secrets." You might dine in a palace in Indonesia, visit a remote village in Africa, or see a polo match in Argentina.

3. Cultural immersion

Through the unique Friendship Force program of home hospitality, international travelers are hosted in the homes of local families. In this way, you can get to know a new culture from the inside. For example, you might learn local pastimes, such as calligraphy in Japan or snowshoeing in Canada, or you could learn family recipes in your host's kitchen. You might even be invited to a religious ceremony or a wedding.

4. Personal friendships

When you travel or host with the Friendship Force, you get to know real people by sharing real life. Often, friendships are formed that last a lifetime.

5. Bring the world to your doorstep

As a Friendship Force host, you can explore the world without leaving home by extending the hand of friendship to international guests. It's a rewarding experience to give your guests an up-close, insider's view of life in your country, either through overnight home hospitality or daytime cultural activities.

6. Represent your country

When you travel or host with the Friendship Force, you have the opportunity to share knowledge of your country and culture with new friends from around the world. Through friendly conversation and everyday experiences, you become part of changing the way others see your culture and the world.

7. Make a Difference

There are many opportunities to make a difference in communities around the world. For example, you can help your new friends practice your language, bring supplies to a needy school, or host foreign teachers.

8. Pursue your passions around the world

Themed programs allow participants to come together to explore a common interest in a unique region of the world. You could spend a week exploring the gardens of England, studying biodiversity in Costa Rica, touring vineyards in New Zealand, or cycling the Niagara Falls region, all with the company of international friends who share your enthusiasm.

9. Lifelong learning

The Friendship Force promotes lifelong learning through a variety of travel and hosting programs. For example, programs especially for teachers and students promote education across borders. Language learning programs provide the opportunity to spend a week in a foreign country with a host family in full language immersion.

10. Promote Global Goodwill

Friendship Force participants greet the world with an open mind and respect for other cultures. In this way, each person makes an individual contribution toward global goodwill.

2016 Officers & Board Members

President — Judy Cohen

UtahFriendshipForce @gmail.com
judycohen@xmission.com

Vice-Pres Programs — Kathleen Mason

kcmason1@msn.com

Secretary — Nona Bressler

don_nona@comcast.net

Treasurer — Doug Ingraham

ingrahamboes@gmail.com

Social Chair — Betsy Heath

elizabethsaltlak@aol.com

Membership Chair —Jennifer Allred

Milemarker118@yahoo.com

Historian — Lotti Wann

lottiw@gmail.com

Alternate Social Events — Susan Hilton

susanehilton@gmail.com

Past President — Margret Boes-Ingraham

ingrahamboes@gmail.com