



August, September 2015

www.thefriendshipforce.org

www.friendshipforceofutah.org/

Club meetings are held the third Tuesday of January, March, May, July, September, and November at the Salt Lake County Government Center at 2001 South State Street, SLC. Use the East Entrance at the north end of South Building where free parking is available. If the door is locked, go the North building, sign in and get directions to the Atrium.

Social 6:30-7:00 p.m.

Program 7:00-7:45 p.m.

Clean up 8:50-9:00 p.m.

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Next Utah Friendship Force Meeting is September 15th

Mary Dickson will be the speaker at our September 15th meeting.



Mary Dickson is the Director of Creative Services at KUED Channel 7, the Utah PBS affiliate, a position she has held for the past 18 years. She oversees the station's community outreach, Web, promotions, publicity, media relations and advertising services and publishes the monthly program guide, **Seven**.

She also is the on-air host of **Contact**, which airs weeknights on KUED. Under her direction, the station has won a variety of local and national promotion and outreach awards, including Emmy and New York Film Festival Awards as well as those from PBS and the Utah Broadcasters Association.

In addition to her full-time position with the public television station, she is an award-winning writer whose wide-ranging articles, commentary and editorials appear regularly in a variety of publications throughout the West.

Her full-length play, **Exposed**, opened Plan B Theatre's 2007-2008 season, where it played to sold-out houses and rave reviews.

From the President's Desk Margret Boes-Ingraham

Hello Friends,

I want to thank everyone who participated in many ways to the Canadian visit! The Canadians were a fun group and we had several people who did things for the exchange they had not done before! This is GREAT and how we grow as a club.

THANKS AGAIN! Please see detailed article in this newsletter.

Kris Hill, our Membership VP will have the 2016 renewal envelopes ready for you at the September meeting. She's planning another fun incentive with a gift card drawing for those who renew before the holiday party. Also, Kris and her committee have looked closer at our membership during the past two years. Not only have we learned about our members' priorities and interests but recently Kris looked at the different opportunities for involvement that we offer, and discovered that our membership is more active in the club than ever. In fact, every single member of our club in the last two years has had some level of engagement. Great work!



Several have mentioned they were unaware of **Friendship Force International Changes**. I thought our friends from Australia had a nice summary in their Newsletter.

Helen Trahar, President of North Morton wrote:

A Communiqué from FFI was received with the news of CEO Joy DiBenedetto's decision to leave Friendship Force International to pursue her own path and set her own pace. I regret her departure, as never before have I met a person more dedicated to an organization, more connected to our mission of friendship, and more energized by the prospect to put FFI into the limelight. Joy joined FFI two years ago with a wealth of fresh ideas that made her the icon of change many had been asking for. She connected with people instantly.

She so wanted to make Friendship Force relevant to the next generation and to bring the organization into the modern world of online social interaction. This will be her legacy: she opened minds to possibilities. She stretched our minds so that they will never shrink back to their original dimensions. The journey will continue without her and we will find our own pace, but we should stay true to our destination. Change must come to FFI. We all care too passionately about Friendship Force to shorten our horizon.

Matthew Nidek, who has previously been the program manager in charge of the South Pacific region, has assumed the position of Director of Programs and Leadership Initiatives. In this role Matthew will focus his attention on the successful implementation of Friendship Force's vibrant slate of global exchange programs and leadership development efforts throughout the organization."

I look forward to seeing you in September!

Cheers!

Margret

Membership Report

Kris Hill, VP Membership

I can't believe we're approaching the **2016 renewals**. At the September meeting, I'll have your membership renewal packet you can pick up. And once again, we'll have a drawing for all those who renew before the holiday party. Like last year, the prize will be a Visa or American Express gift card.

Our membership remains at 70 people which is a good number. In the last two years, **we have grown approximately 10%**. The overwhelming majority of these new members heard about the club through all of you – current members. You remain the number one most effective recruitment method. So please bring friends, family, neighbors to our events. As a sign of our appreciation, at the September meeting, **the drawing will be for new members the past year and a half and those who referred them**. The prize will be a gift card.



We don't have a printed **membership directory** coming out anytime soon, so I am listing a recent change that was brought to my attention. Please make this change to your current directory. There is talk of someday putting the directory on the website, but that is for the future. (If you are having trouble contacting anyone, please let me know.)

New email address for Jo Deane Cruz: jbmcac1@gmail.com

Email address for Betty and Bruce Wycott: bettyraywycott@gmail.com

SEPTEMBER GENERAL MEMBERSHIP MEETING DRAWING

There will be a special drawing this time for new members and for those who referred them in the past year and a half.

We'll return to our regular drawing for those who wear name tags and all guests at the November general meeting. Thanks for your support!

Utah Friendship Force 2016 Exchange Schedule

Outgoing 2016 Visits:

May 13 to 15: Rocky Mountain Regional Conference, Grand Junction, Colorado

May 25 to June 1 : Canada, Hamilton Burlington (Near Niagara Falls)
Exchange Director: Denice Wheeler

Incoming 2016 Visitors:

September 24-29 Global Post-Exchange

Moab: Sept 24 and 25, SLC Sept 26 to 29.

This will be visitors from all over the world. The visit is planned as English speaking. SLC theme will be Olympic Memories

(The Global Exchange Peaks to Plains will take place in Wyoming and Colorado.)

**2016 Rocky Mountain Regional Conference
Hosted by Western Colorado FF Club**

DATES: May 13, 14 & 15, 2016

CONFERENCE THEME: “NEW DIRECTIONS”

Lodging and Meetings-- held at Grand Junction Downtown Hampton Inn, Fairfield Inn & Spring Hill Suites

**Questions: Sue Palmer – 970-260-4653 or e-mail: alfhouse12@hotmail.com
Members of Friendship Force of Western Colorado are excited to host the Conference and show off our beautiful area!**

Outgoing 2016 Exchange to Greater Hamilton and Burlington, Ontario, Canada

We've been assigned this club for our outgoing exchange in 2016. Here's some information on them and the area excerpted from the FFI website:

Ours is a small but active club (51 members). We usually host two inbound exchanges each year, and in turn do two outbound; recent outbound exchanges have taken us to Brazil, Costa Rica, Germany, Holland, California, and Texas. Since the fall of 2010 we have also organized two inbound global invitational exchanges with a focus on the performing and visual arts all around us.

While most of our members live in Hamilton and/or Burlington at the west end of Lake Ontario, we also have and welcome members who live in Toronto (just under an hour to the east of us).

About the region: Situated at the western tip of Lake Ontario and conveniently located within an hour of Toronto & Niagara Falls, the neighbor cities of Hamilton and Burlington await your visit.

About a typical Exchange: On a one-week club-to-club exchange, we typically program an overview of our area and its many attractions. In addition to the best of Hamilton/Burlington, we give guests an opportunity to visit Niagara Falls, Toronto, and frequently, a two-night "Cottage Outing" in small groups at lakeside and woodland vacation homes belonging to our members.

Our themed invitational arts exchanges, which have included trips to The Stratford and Shaw Festivals, concerts and plays in Hamilton and Toronto among other things, have very quickly been oversubscribed each time they were offered.



A view of Burlington

A picture of the Ambassadors from the Niagara Friendship Force that came to Utah June 24 to June 30, 2015



Jennifer Allred about hosting a Canadian Gentleman (Bob Rouble):

I was asked to host a single man and my husband agreed, since we were between grandbabies, had given up the crib, and now had a guest bedroom.

We had the good fortune to host a former president of their club and a very friendly and informative Friendship Force member. Bob was easy to please and very flexible. He had a goal to make the exchange a great experience for us (It was our first hosting experience).

It was also his first solo exchange as his wife could not attend this one. I was surprised that we became such good friends during our week together. Bob has encouraged us to come to Niagara, Canada and volunteered to pick us up at the end of our Canada exchange next spring, and give us a tour of the falls, as well as host us over night at his house.

He even offered to drive us to Rochester, New York to visit Jim's sister. I think the value of the word "Friendship" in our club's name became apparent to me when I took the leap and volunteered to be a home host. Try it! You may make a new friend!

Rod & Penny Johnson about hosting Steve Hartman:

We certainly enjoyed having Steve Hartman as our Canadian guest. One of Steve's thoughts was that the University Natural History Museum visit should be mandatory for all exchanges. Of course he was definitely an intellectual type guy which fit right in for him. Penny and I certainly enjoyed the two days whereby day hosts



provided the tours and activity for Steve. Those days were a welcome break as was the one dinner host evening.

I think the overall activities such as the Olympic Park tour, etc. were very well planned and thought out as were the initial picnic and closing dinner. We offer high praise to the planners (of course that includes you (Margret & Doug).

Wendy Hammond and Jim Chalcraft about dinner at Betsy Heath's house:

Thanks so much Betsy! I have passed the recipe on to a couple of my family and friends who really enjoy making desserts and told them how good it was!

We really had a great time that night at your place - lots of laughs and we appreciated your wonderful hospitality - loved Elvis too!

It is starting to warm up here now (they had a LOT of rain while we were gone) - but that would be cold compared to your temperatures - it will be in the high 80s for the rest of the week.

The Pan Am Games will be here next weekend - our hometown of Welland will be hosting the canoe and kayak races. Once again thanks for sharing your recipe and your friendship!

GASTRONOMY SABAYON

10 Egg yolks
1 cup powdered sugar
1 cup triple sec
1 cup white wine

Over medium-high heat, combine all ingredients in the top section of a double boiler. With a wire whip, whip the mixture until light and smooth. Pour into a separate container and chill. Be careful not to overcook or undercook. Finished product should be the consistency of heavy cream. I usually serve over a rich vanilla ice cream topped with berries.

A Group at Deer Valley



Friendship Force of Utah helps with KUED Pledge Drive



For the August social, nine members of FF of Utah and three of their friends spent a fun evening taking pledge donations for KUED TV. Members Nona Bressler, Jeanne Goldstein, George and Launa Herrmann, Kris Hill, Susan Hilton, Penny and Rod Johnson, and Denice Wheeler appeared on air and took phone donations in the pledge breaks during the show *Midsummer Murders* on Thursday, August 13th. Debbie Hahn, a friend of Susan Hilton, and Suzanne and Leon Blake, friends of the Herrmanns also participated.

Friendship Force of Utah received billing at the end of the program.

After some initial computer trepidation, the group valiantly stepped up to the pressure and helped raise lots of money for the PBS station. In one break alone, they raised \$4,000!

A delicious catered meal was provided by Desert Edge Brewery (The Pub) followed by cookies from Mrs. Backer's. Friendship Force of Utah's name was mentioned throughout the evening, and was listed in the credits at the end of the evening. There was a thank you drawing for a gift basket of international foods which was won by Launa Herrmann.

A good cause, lots of laughs with friends, and a great dinner made for a fun evening! Thanks to Susan Hilton for organizing the event.

Note: One of the evenings on air hosts, Mary Dickson will be the featured speaker at our upcoming September meeting. Mary loves to travel and has hosted people from all over the world in her home as well. See the biographical article in this newsletter for more about her.



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